



WIN LEADERSHIP PROGRAMME (WLP)

Closing date: Wednesday 15th July 2015

INFORMATION SHEET

Participant Profile

- Female over 18 years old
- able to demonstrate a commitment towards positive change for yourself
- able to demonstrate commitment to implementing tools learnt during course
- be available for the training for the full 9 days and for Orientation Day
- have the support of your family and of the organisation for which you work
- good English language skills, both spoken and written
- ability to understand French or Creole
- Basic IT skills, namely emailing

Important dates

Deadline for applications : Wednesday 15th July 2015

9 days training from 08.30 to 16.30 at Middlesex University, Bonne Terre, Vacoas

Part 1 : Thursday 23rd , Friday 24th and Saturday 25th July

Part 2 : Thursday 6th, Friday 7th and Saturday 8th August

Part 3 : Friday 28th and Saturday 29th August + Saturday 5th September

Note : Part 1 and Part 2 will fall during 2nd term holidays.



PARTNER :

The Mauritius Branch of **Middlesex University** has partnered with WIN and is hosting the whole WLP course.

Requirements

- Attend 3 x 3 full day workshops
- Work on a **business plan for a personal project** during and after the workshops
- Be passionate about women's empowerment and gender equality
- Total commitment to the WIN Leadership Programme
- You need basic IT literacy to be on this course and regular access to Internet.



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HOW TO APPLY : Please send your application form by **Wednesday 15th July 2015** at latest **by email to win.wlp@gmail.com**

FEES :

(a) FOR INDIVIDUALS - This course is heavily subsidised and requires an individual participation fee of **Rs 5,500** for the whole 9 days, to be paid in full on Orientation Day.

Payment facilities may be granted to those who need it and WIN is committed to cover partial costs of participants who will not be able otherwise to participate.

(b) FOR CORPORATES - The course is **MQA approved** and thus companies may obtain HRDC refund. The Corporate rate is **Rs 13,750** which corresponds to the individual rate after HRDC refund.

ASSISTANCE : If you need assistance to fill in the application form, please send a mail to win.wlp@gmail.com , explaining the specific help you require or call during office hours on 5712-3484 (Emtel) or 5816-8410 (Orange)

Frequently Asked Questions

1. How was the WIN Leadership Programme created ?

One of the objectives of Women in Networking (WIN) since its creation in June 2006 was to create a pool of 300 women leaders within the next 10 years. The vision was that if we reach a critical mass of women leaders in various spheres of society, be it professionally, socially, in their community, or in the political arena, then we would be able to positively influence our society.

Thanks to funding from the UNDP and the Australian High Commission, a pilot project was launched in 2008 with an initial group of 20 women. The program has enjoyed tremendous success and with 12 batches and 270 women leaders already in this pool, the WIN's Leadership Programme (WLP) is very much in the running and is set to reach the 300 mark well before the 10 year target.



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2. What does the course cover ?

During the 9 days intensive training, participants have the opportunity to discover and familiarize themselves with the necessary tools and concrete techniques to develop the leader within, to build relationships both personally and professionally, to reduce stress in their lives so as to reach work-life balance and ultimately to achieve their goals.

A total of 18 modules are covered – Finding your way, Critical Thinking and Decision Making, Strategic Management, Speaking Skills, Self-Confidence, Habits of Happiness, Time Management, Team Building, Finance, Effective Communication, Conflict management, Negotiation, Gender awareness, Ethics and Good Governance to name just a few. It is a course which enables each participant to discover the secrets of success no matter in which sector she finds herself in.

With a variety of experienced MQA-registered trainers each sharing and delivering the modules in a fun, practical way, the participants create a unique bonding between themselves and take away tools that they can apply straight-away in their everyday activities.

3. Do you have to be a professional to be on this course ?

So far, out of the 270 graduates who are all part of a WLP Club, there are entrepreneurs, social workers, housewives, doctors, lawyers, bank officers, teachers, trainers and their ages range from 18 to 65 – thus bringing a variety of experiences that is very enriching.

Therefore you are neither too much qualified to be on the course nor not qualified enough. Your attitude is the most important attribute and the desire to be better.

4. How does WLP differ from other leadership courses ?

The WIN Leadership course is highly interactive with lots of personal sharing. It creates a safe and confidential environment which enables the participants to look within themselves and get re-connected to their dreams and find their inner voice.

From feedback received from participants, it is evident that WLP is “not only a leadership programme, but a transformational course” (see section on feedback)

5. What is awarded at the end of the course ?

A certificate is awarded to all participants who have attended all sessions and who complete the project work which is assigned. Several employers now know the impact and the value of the course



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6. What is the level of English required to be on this course ?

The course materials (Powerpoint, Participants' manual) are all in English and therefore you need to be at ease with written and oral English to benefit fully from the course.

WIN has developed a visual version of WLP and while it will not be vital to have the same level of English, the contents are exactly the same.

7. One needs to be IT literate to be selected on this course. Why ?

WLP is a course for LEADERS and we believe that in this age of technology, a leader cannot afford to remain outside this move.

We do not expect you to be advanced users but at least to know how to open, send an email, conduct research on Internet, fill in a template for your project

And it is to be noted that all communication with participants will be through emails.

Now, some participants may not have a computer at home and this is not an issue – there are cyber cafés everywhere and you can have access to emails on your smartphone

8. What past graduates say about this course

A : Along our pathway of life , we work hard, take a lot of challenges, we succeed, we achieve but one thing we tend to forget in the process is ourself. Joining WLP has been a journey full of new discoveries of ourselves and others. I have learnt to discover myself, know my potential and appreciate others. It has changed my life and my way of doing and thinking. It is an experience to live hence I invite all women to take this blessed opportunity which Win is offering.

B : Things are now going really great for me Personally and Professionally and it's all because of you – I can see clearly now the rain is gone....WLP is FORT i.e Powerful

C: WLP is like a cocoon in which women are nurtured by precious angels and feel safe and comfortable enough to dive deep into themselves in order to confront the truth behind who they are and what roles they can play in society. It is not just a training course, but it is also an amazing human adventure, where women can learn to become sisters beyond their differences and where individuals can push each other beyond their limits; and bond together to grow in unity and finally bloom into magnificent beings, strong women and ferociously effective leaders. It produces future thinkers and future actors who will be precious elements for positive change in our society!This is why, any woman who feels that it is time to awaken the leader buried deep down inside should do this course.



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D : Well, before that course, my self esteem was very low. I was always afraid to venture in new things. I was always underestimating myself and always procrastinating. Today, I can say that I am more confident. In my professional life, things are being done in a very professional way. I really plan everything now. Even the way I talk to people has changed. Assumptions ? What's that word? No more in my vocabulary. I ask questions to clarify things and it works. So if you want a relooking in your life, just follow the WLP course. All the ingredients are present in that course to become a great leader. Through that networking that exists, so many doors are opened.

E : I'm alive ! On day 1 of the course, I found out what has been bothering me for these last ten years. Drastic change in my life and personal life and WLP has empowered me for the rest of my life. Today, I know what have to do for myself and for others.

F : WLP has helped me find myself, be aware of all my limitations and my strengths. Also WLP has helped me with my priorities, I had them all wrong in my head. WLP is going to change the way you see yourself, set your priorities right and be clear on your wants.

G : WLP was a magical journey, full of surprises. I was amazed to discover my inner self and today my mind, heart, body and soul are in harmony. I have learnt to overcome the inner conflicts (stress, worries, unnecessary thoughts..) which were on going in my mind. I know that with WIN, I will never walk alone as WLP is not the End but a New Beginning

H : I'm back to earth ! WLP make me realise how life is wonderful and we cannot just live in the past and in our own world. I used to run away from reality but now I know I am powerful enough to dare to dream and make my dreams come true. WLP really takes you where you should be and make you discover your true values. The interactions of each and every one have been a great experience. The coaches know exactly how to motivate you during the course.

I : WLP has healed my inner scars and most importantly the ones that I was unaware of. The first session is like a new birth, I re-discovered myself and fell head over heels in love with myself again. Consequently, a new Me has emerged, a stronger woman who is not afraid to dream again and who takes responsibility for her new actions. Be it in Personal or Professional lives, the change is visible to the naked eye. Follow this course, you owe it to yourself !

J : This course is a powerful assessment tool where women will find and develop in themselves a Unique and Valuable person. Embark on an "Exhilarating Journey" where a wonderful adventure will awake the Leader sleeping in You.

K : I am no longer afraid of what people will say or think about me. I have learnt to overcome pressure, manage my time and also take everything more easily. It's just wonderful to see that I have more time for myself and family especially my husband.



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L : WLP added value and purpose to my life, particularly on the professional side. A lot of us have all been following leadership courses, but the WLP courses are a class above because of the coaches' experience. It has given me more confidence and reinforced my ambition.
